



2025 HPE WEEK

AT CLONTARF BEACH STATE HIGH SCHOOL

DAY 1

MONDAY 1st SEPTEMBER - LUNCH 1

- **PROW BALL**
OVAL

DAY 2

TUESDAY 2nd SEPTEMBER - LUNCH 1

- **GIRLS ONLY VOLLEYBALL GAME**
GYM - Celebrating Females in Sport Day!

DAY 3

WEDNESDAY 3rd SEPTEMBER - LUNCH 1

- **FREE HEALTH CHECKS** D11 – Health Hub
- **PLANK CHALLENGE** Between D and A block

DAY 4

THURSDAY 4th SEPTEMBER - LUNCH 1

- **TUG OF WAR** OVAL
- **WRITE A SPORT POEM**
- **POWER TESTING** NETBALL COURTS

DAY 5

FRIDAY 5th SEPTEMBER

- **PUPIL FREE DAY**
Be active at home



DAILY PRIZES TO BE WON!
GET INVOLVED - ALL YEARS WELCOME.